

How you can help

Mosaic would not be able to offer the support to bereaved children and young people without volunteers. We have a dedicated team of people who assist with fundraising, administration and support families at our residential weekends.

Having volunteered at the residential weekend, I have seen first-hand the incredible support Mosaic offers bereaved children, I am proud to support Mosaic and be part of the volunteer team.

Do you have some time to spare?

Here are some ways you can help...

✓ Fundraising

Helping at events, running a stall at local fairs or using your creative skills to produce quality items for us to sell. We'd love to hear from you with your ideas.

✓ Residential Weekends

If you are over 18, male or female and you think you might like to help at our residential weekend, please contact margaret@mosaicfamilysupport.org and find out more.

If you have time to spare – we can find something for you to do!



Supported by



Our contact details

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Talk to us

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Supporting bereaved
children & young people
throughout Dorset



Grief affects children physically, psychologically, behaviourally and spiritually.

Children can experience difficulties academically and socially. They may have ongoing relationship problems with their peers and are often bullied.

Whilst many children and young people have good support mechanisms within their own families, some are not able to cope with the changes and need the support of a specialised service like Mosaic.

Who we are

We are a child-centred service offering a pathway of support for bereaved children, young people and their families. We also provide support for those young people who are facing the death of a parent or loved one.

Following an assessment of the individual need, we can offer a wide range of therapeutic support as appropriate. We aim to work collaboratively with other statutory and voluntary agencies to provide best practice in accordance with local and national guidelines for the provision of children's services.

Our Residential Weekends give children and young people the opportunity to meet others, share experiences, remember their special person and most importantly 'HAVE FUN'.

This weekend has been great for all of us. It's taught us different skills to help with our emotions. We've learnt about anger and what to do with it, so we don't hurt ourselves and others. We are all leaving today feeling a lot better and with a lot more friends who understand what we are going through.

Mosaic... supporting bereaved children...

How we help

- ✓ Individual support for children & young people
- ✓ Family group support
- ✓ Activity days
- ✓ Social events
- ✓ Training for professionals and agencies working with children and young people
- ✓ Residential weekend programme

The death of a parent will often mean a change in family life i.e. loss of income, house move and change of school.

Research shows that when a parent dies some children are more likely than others to experience higher levels of depression, an increase in health problems, poorer school performance, anxiety and lower self esteem.

Listening to children and answering their questions honestly in an age appropriate way will help them to understand the often overwhelming emotions they are experiencing.

We know from our work that this is where Mosaic can help.

For all the well-meaning sentiments that I've heard over the past 18 months from friends and family, no one really knows what it's like until you're in this situation. To get reassurance that we are doing OK from people who really know is invaluable.

and young people throughout Dorset.

